

We plan you cook - Indian Recipe - Aadrak Wali Chai

Aadrak Wali Chai is a *spicy, soothing* tea made with fresh **ginger**, perfect for boosting your morning routine specially in winter season.

Category: Beverages

Ingredients:

- Water - 3.5 Cup
- Buffalo-Milk - 1.25 Cup
- Ginger - 1 Tsp
- Dried Tea Leaves - 1.5 Tsp
- Honey - 2 Tsp
- Chai Masala - .5 Tsp

Nutrition:

- Calories: 372.17
- Protein: 10.33
- Fat: 19.86
- Carbs: 37.94